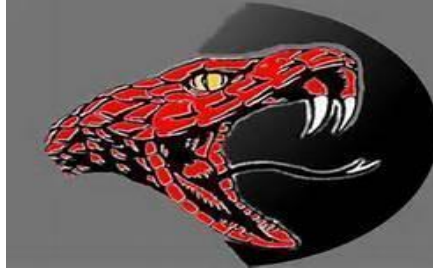


## Rio Grande City Rattler Cross Country Invitational



### Attention Cross Country Coaches:

You are cordially invited to attend the 2023 Rio Grande City Rattler Cross Country Invitational. The meet will be held on Friday, August 11, 2023 at Ringgold Middle School campus located on 144 N. FM 3167 . The meet will start at 8:00 AM. The fee for teams is \$ 150 per team, \$300.00 per school, \$10 per individual runner if less than 5. Make checks payable to: Rio Grande City Athletic Department, 1 South Fort Ringgold, Rio Grande City, TX 78582. If you have any more questions please call Head Boys Coach Joe Ramirez at (210) 380-4130 or Head Girls Coach Ricardo Altahif at (956) 500-1502.

Registration for the meet will be done through Rick Garza at zapataroadrunner@aol.com. 956-740-2376. You must meet the deadline of Monday, August 7, 2023. There will be no meet day registration. No Exceptions. Packet pick up will be the day of the race from 7:10-7:45 A.M. This will be a BTAG timed race, so make sure to verify your BTAGS the day of packet pick up. All races will be timed. There will be no results posted at the meet. All Covid 19 Regulations will be followed.

**Awards: Medals to the Top 20 Finishers in each division. Team Trophies to division champions.**

### Start Times:

Rolling Schedule After 5A/6A VARSITY GIRLS			
8:00 AM-	Varsity Girls 5A/6A	(5 KM)	10 Max
	Varsity Boys 5A/6A	(5 KM)	10 Max
	1A-4A Varsity/5A-6A JV Girls	(2 Miles)	No Limit
	1A-4A Varsity/5A-6A JV Boys	(5 KM)	No Limit
	9th Girls/ Boys Combined	(2 Miles)	No Limit

Joe Ramirez- Head Boys Cross Country

Ricardo Altahif-Head Girls Cross Country