

Rio Hondo High School ATHLETIC DEPARTMENT

Rio Hondo Independent School District Athletic Director / Head Coach : Rocky James 215 W. Colorado

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Dear Coaches:

Would like to extend an invitation to the Rio Hondo Varsity and Middle School Invitational Cross Country meet. The meet will be held on Saturday September 18, 2021, at Rio Hondo High School.

Registration 7-7:45am

Rolling Schedule: Start Time 8:00am

*Varsity Girls 5k (limit 10)

*Varsity Boys 5k (limit 10)

* JV Boys 5K

*JV Girls 2 miles

* Freshman Girls and Boys 2 miles **(may be combined)

** 8th grade girls

** 8th grade boys

** 7th grade girls

** 7th grade boys

Entry Fee:

\$150.00 per High School Team (team includes Varsity/JV/Freshman) \$50.00 per Middle School Team

Make checks payable to: Rio Hondo High School /CC

** Teams are made up of 5 runners or more, if team is not complete, they will pay \$10.00 per individual.

Awards: Individual medals to the top 20 runners in each division

Team Championship Trophy (Varsity Division only)
We look forward to seeing you on September 18th if you have and questions please call or text Coach Tony Jaramillo at 956-533-1579 or Coach Danette Atkinson 956-245-4501
There will be an athletic trainer. Coaches are reminded to supply their teams with refreshments.
Water will be provided at the finish line.

***Runners will be given a number at the finish line.

***Coaches please turn in numbers at registration tent in a timely matter after each race, so we can work on finalizing the results.

Thank you, have a great Cross Country season.