



**HIDALGO EARLY COLLEGE HIGH SCHOOL
"PIRATE XC RELAYS"**



Coaches,

We would like to invite you to the 1st annual PIRATE XC RELAYS on Saturday August 19, 2023! This will be a NEW format for a cross country meet, but we hope to make it fun for everyone!

Course: 1 mile loop that starts and finishes on the track. The course consists of grass, dirt, hills, and extremely minimal pavement.

Divisions: Each school will pair up runners in 2 separate divisions (boys & girls)

Race Format: Boys race will be a 6 mile relay. Girls race will be a 4 mile relay. Relay will be raced in 1 mile intervals. Example: Team A Boy 1 will complete 1 mile, then will tag Team A Boy 2. Team A boy 2 will complete 1 mile. Cycle continues till each boy runs 3 miles to complete the 6 miles. Girls will do the same but will complete 4 miles.

Timing: Chip timing will capture finish time accumulated for each pair of runners.

Scoring: Each team will total their top 3 pairs of runners times. The Boys/girls teams with the lowest total time combination (from their top 3 pairs) wins the race.

Race start times: 8:00AM Girls 4 mile relay; Boys 6 mile relay begins immediately after girls relay concludes.

Location: Hidalgo Early College High School-*Bill Pate Stadium 1312 E. Pirate Drive Hidalgo, TX 78557*

Facilities: Restrooms are available for athletes. Camp areas may be under bleachers or tent may be needed for open spaces. Athletic trainers will be on site. Water cows will be available.

Packet Pick Up: 6:45 – 7:45 AM

Registration/Entries: Submit entries by August 16 through email to Running956@yahoo.com on provided excel spreadsheet

Entry Fees: \$150 per team / \$300 per school or \$10 per athlete

Make checks payable to: Hidalgo ISD Athletic Department
910 East Pirate Drive
Hidalgo, TX 78557

Awards: 1. Overall Team champion trophy for girls and boys divisions.
2. Top 20 pairs in the girls and boys divisions will receive custom medals.

Points of contact: For further information or questions please contact:
Head Boys Coach Elias Blanco (956) 451-7976
Head Girls Coach Frank Alday (956) 533-1411
Athletic Secretary Wendy Rodriguez (956) 843-4343