



ATTN Coaches: All High/Middle School teams are welcome. If you are planning on attending this meet PLEASE!!! Fill out the google form link-<https://forms.gle/bqQARzbsWbxlcpWM9> We want to run the best meet possible, In order to ensure that, we would love to know if you are planning on attending . If you have any questions or concerns do not hesitate to contact Coach Saenz via text/call 956-460-7069 or email job.saenz@misdtx.net.

Dear Coaches,

We would like to extend an invitation to our 29th Annual Mercedes High School Cross Country meet. The meet will be held Saturday September 14, 2024 at Mercedes High School. The majority of the running surface will be grass. **Both Girls/Boys Varsity Divisions will be Chipped time only. All other divisions will be handheld times (BEEP WATCH APP).** Below you will find important information concerning the meet.

Date: September 14, 2024

Location: Mercedes High School 1200 South Florida Ave.

Time: Registration – 6:45 a.m. -7:45 a.m. (High School Divisions)

Running Times- Varsity Girls: **7:45 a.m.** followed by Varsity Boys, JV Boys, JV Girls, 9th Girls, Boys 9th, Girls 8th, Boys 8th, Girls 7th, Boys 7th **(Rolling Schedule)**

Entry Fee: \$150.00/\$300 per High School Team (includes Varsity/ JV & Freshman)
\$ 50.00 per Middle School Team or \$200 for all 4 divisions
7th grade girls \$50.00
7th grade boys \$50.00
8th grade girls \$50.00
8th grade boys \$50.00

\$ 10.00 per individual

***** Teams are made up of 5 or more runners, if a team is not complete, they will pay \$10 per individual. For example if you bring four 8th grade and three 7th grade runners you will pay \$40 and \$30.**

Make checks payable to: The Mercedes Cross Country Club

Chip Timed by Running 956 so email spreadsheet to running956@yahoo.com by Wednesday Aug 21 at 6 pm. Varsity Divisions will be Chip Timed only. (Very Important that Varsity Entries are submitted in a timely manner)

Division: 10 runner limit in Boys and Girls Varsity Divisions.
No Limit in JV, Freshman or Junior High divisions.



Distance: 5000 Meters Varsity Girls/Boys
5000 Meters JV Boys
2 miles JV Girls
2 miles Freshman Girls/Boys (Combined)
1.5 miles Jr. High Girls and Boys (8th Combined/7th Combined)

Awards: Individual medals to the top 25 runners in each division.
Ribbons for 26-50 in Sub-Varsity Divisions
Team Championship Trophy (Varsity Divisions Only)

Timing for Sub-Varsity

Sub varsity will be timed through BeepWatch App on I-pads, these results will be emailed to coaches after the meet

Weather

This event will be rain or shine. We have every intention of running every division from Highschool to Middle School. If the weather looks like it will be extremely hot we may move the start of varsity girls to 7:30 A.M. (Decision will be made week of the meet)

Reminders Day of the Meet

-All buses will park on the East side of the stadium (Come down Rio Rico Rd (FM 491) will lead you directly to east side of stadium)

-Highly Encourage all teams to please provide/bring their own water. There will be a trainer on site at the meet.

-The first race will begin at 7:45 AM Sharp after we will be on a rolling schedule so make sure to plan accordingly.

We look forward to seeing you on September 14th If you have any questions please text or call Coach Job Saenz at 956-460-7069 . You can also email us at: job.saenz@misdtx.net.